



Groepslessen te reserveren via de MyClubApp

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| | Maandag | Dinsdag | Woensdag | Donderdag | Vrijdag | Zaterdag | Zondag |
|------|------------------|----------------------|------------------------|-------------------|------------------|-----------------------|----------------------|
| 6u40 | | Cycling Tim | | | | | |
| 9u30 | | Yoga Tineke | Core en Rug Malinda | Pilates Sabine | | | |
| 9u30 | | Cycling Chris | | | Cycling Chris | | |
| 10u | | | | | | Cycling Tim/Stefan | Cycling Tim/Karen |
| 10u | | | | | | | Pilates Sabine |
| 19u | Yoga Tineke | BBB Sophie | BBB Aida | Attack Johnny | | | |
| 19u | Cycling Mieke | Cycling Stefan | Cycling Tim | Cycling Berry | | | |
| 20u | Power Mieke | Core & Rug Sophie | Step Aida | Power Johnny | | | |
| 20u | | Cycling Stefan | | Cycling Berry | | | |